HERITAGE DOJO : CLASS START TIMES

UNLESS OTHERWISE NOTED, ALL CLASSES ARE 1-HOUR IN LENGTH

CLASS DIVISIONS

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
	DOJO #1	DOJO #2	DOJO #1	DOJO #2	DOJO #1	DOJO #2	DOJO #1	DOJO #2	DOJO #1	DOJO #2	DOJO #1	DOJO #2	DOJO #1	DOJO #2
YUDANSHA													7:00 AM	
AFTER-SCHOOL PRO			2:30PM → 4:30PM		2:30PM → 4:30PM		2:30PM → 4:30PM		2:30PM → 4:30PM		2:30PM → 4:30PM			
4-5 YRS NINJA TOTS					4:45 PM (45 MINUTES)								9:00 AM (45 MINUTES)	
JUNIORS (AGES 6 to APPROXIMATELY 13) BEG 10th KYU WHITE			4:45 PM		4:45 PM				6:00 PM				10:00 AM	
INTERMEDIATE 9th KYU YELLOW			4:45 PM				6:00 PM		4:45 PM				11:15 AM TUTORIALS	
INTERMEDIATE 8th KYU ORANGE			6:00 PM				6:00 PM		4:45 PM					
INTERMEDIATE 7th KYU RED					6:00 PM									
INTERMEDIATE 6th KYU GREEN			6:00 PM				4:45 PM						12:30 PM TUTORIALS	
ADVANCED 5th KYU PURPLE					6:00 PM		4:45 PM							
ADVANCED 4th KYU BLUE									7:15 PM					
ADVANCED 3rd KYU BLUE / BLACK BAND														
ADVANCED 2nd KYU BROWN														
ADVANCED 1st KYU BROWN / BLACK BAND														
ADULTS WHITE to RED			12:00NOON & 7:15 PM		8:30 PM		12:00NOON & 8:30 PM						1:45 PM TUTORIALS	
ADULTS GREEN & PURPLE			12:00NOON & 7:15 PM				12:00NOON & 8:30 PM							
ADULTS BLUE & BLUE / BLACK BAND			12:00 NOON & 8:30 PM		7:15 PM		12:00NOON & 8:30 PM		7:15 PM					
ADULTS BROWN							12:00 NOON						7:00 AM & 1:45 PM TUTORIALS	
ADULTS BROWN / BLACK BAND														
GRAPPLING JUNIORS					JR. GROUP #1 7:15 PM						JR. GROUP #2 6:00 PM			
GRAPPLING ADULTS					8:30 PM									
SPECIAL INTEREST JUNIORS	KOBUDO : Jan / Mar / May / Jul / Sept / Nov						7:15 PM				Both JUNIOR and ADULT KOBUDO Wednesdays ONLY, until further notice			
SPECIAL INTEREST ADULTS	JIYU KUMITE : Feb / Apr / Jun / Aug / Oct / Dec								8:30 PM					

SUNDAYS DOJO is available for....

- ....PERSONAL TRAINING
- ....PRIVATE LESSONS
- ....TEENS 'LIFE SKILLS' SEMINARS (last Sunday of every other month, starting Januarys)
- ....SPECIAL EVENTS
- ....FLOOR RENTALS

MUST CALL AHEAD!

FRIDAYS are reserved, following the Weekly "AFTER SCHOOL PROGRAM"

....for "GRADINGS" on the 3rd FRIDAY of the Month

....for "GRADUATION CEREMONIES" on the LAST FRIDAY of the Month

....and for occasional Special Events, Seminars, etc.

EXTRA CURRICULAR	TO BE ANNOUNCED
OPEN TRAINING	AVAILABLE ANY DAY DURING NON-CLASS TIMES, WITH ADVANCE PERMISSION
DOJO NO SOJI	10 - 20 MINUTES AFTER EACH DAY'S LAST CLASS